

# **ROTARY CLUB OF BOMBAY SEAFACE**

## **2024 AUGUST E - BULLETIN**

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# PRESIDENT'S MESSAGE



President Speaks ,

Greetings and best wishes to all my Rotary family of Bombay Seafce !!! We have so much to achieve in this Vibrant Year and your dedication and assistance is crucial by virtue of which I am sure we can accomplish all we have set out to do.

Our 1<sup>st</sup> Fellowship at Thackers on August 4<sup>th</sup> , was a fun filled affair where 30 of our members delighted us by taking part. It was an event enjoyed by all present on Sunday morning. Kudos to our Fellowship Director Rtn Pinki Dalal !! We have executed some wonderful projects this month with so many members participating in multiple ways be it towards our Community or Club Service Avenues. The projects and events have been showcased in the pages hereafter. August also augments the beginning of the Festival season for the next few months.

15<sup>th</sup> August was India's 78<sup>th</sup> Independence Year. It was also a Parsi New Year. We wish our member Rtn Gool Ghadiali a Happy New Year !

19<sup>th</sup> August was Raksha Bandhan - day to express siblings love for each other. The brother promises to protect the sister on this day. The siblings also exchange gifts and sweets on this traditional day.

Janmashtmi is the day on which Lord Krishna, the 8<sup>th</sup> avatar of Lord Vishnu was born. On this auspicious day (27<sup>th</sup> August), various rituals are performed along with the famous Dahi handi event which is celebrated with great pomp all over the country,

31<sup>st</sup> August is the beginning of Paryushan which will go on for 8 day Jain festival. This time is used to pray and introspect one's life and seek forgiveness for one's sins. Michami Dukadam to all !!!

We have our regular speaker meetings planned which I would encourage all of you to attend in large numbers to increase the bonding within our Club.

Thank you for all the support you are giving me and please reach out to me - I am always available to you whenever you need to.

Rtn Minal Turakhia  
President

# EDITORIAL'S MESSAGE



Dear Rotarians and Friends,  
Welcome to the August issue edition of our Club Bulletin! This issue is packed with updates on recent events, project updates and the bonding which we see at various projects, club meeting and events of the Club that showcase the heart of our Rotary family.

As always, we encourage you to stay involved, share your ideas, and let us know how we can continue to make our Club Bulletin better. Your feedback is invaluable, and together, we can continue to make a positive impact in our community and beyond.

Every month in Rotary is a dedicated month. This month is Membership and Extension Month. We continue to add new members regularly. We look forward to getting new members on board with similar profiles and let us get more members within the fold of the Rotary spirit.

Thank you for your continued support and participation. Here's to another great month of service, fellowship and Rotary spirit...

Yours in Rotary  
Rtn PP Tejal Gandhi  
Bulletin Editor





# COMMUNITY SERVICE

- ANNAPURNA PROJECT
- DENTAL MEDICAL CAMP
- EDUCATIONAL KITS DISTRIBUTION
- BLOOD DONATION DRIVE
- SPECIAL AWARENESS PROGRAMME

ANNAPURNA PROJECT in execution at KEM Hospital. Rtn PP Dr Meena Kothari has committed to sponsor for the Midday meal (Annapurna) project every Thursday at Chandramji School for the full year. We invite more members to commit to this Ongoing Project.....



On 16-08-2024 lunch was sponsored by SVRR from Rtn Sonal Dhiren Shah.



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On 5<sup>th</sup> August a DENTAL MEDICAL CAMP was organised for Mentally Challenged children at SVRR. Around 85 students were examined.



On 8<sup>th</sup> August there was DISTRIBUTION OF EDUCATIONAL KITS to students at Deepavali School at Palghar. The teachers expressed their gratitude towards Rotary Club of Bombay Seaface for addressing the needs of the students. The kits were sponsored by Rtn PP Tejal Gandhi.





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## BLOOD DONATION DRIVE

On 13-08-2024, Second Lifeline Express Drive for Blood Donation Camp was conducted and concluded at VT station. The response for this was phenomenal. We collected 116 bottles of blood by commuters. Rotary Club of Bombay Seaface was Co-host.



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Our club organised a **SPECIAL AWARENESS PROGRAMME** at Rashtriya Shala and two other schools in Ghatkopar on the topic of 'Good Touch, Bad Touch' to educate adolescent girls about personal safety. We also distributed sanitary napkins to 100 girls as part of this initiative.





# PARTNERS IN SERVICE

On August 8<sup>th</sup>, 2024, there was an Installation ceremony at our Interact School Vanita Vishram School. President Minal was the Chief Guest alongwith Director Partners in Service - Rtn Tejaswini Modak and Director of Education - Rtn PP Gool Ghadialli and Trustee of the School - Rtn PP Deepak Khambatti. There were Club Rotarians who were present in large numbers to motivate the students and encourage the School.



# PARTNERS IN SERVICE

Interact Club of Modern School Installation took place on 15.8.2024.



Interactor Tanisha Shete took over as President from Interactor Vivan Adani.

President Minal, and Rtns. Tejaswini, Dr. Anil Mehta, and Sonal Shah were present on the occasion.





# RCBS IN ACTION AT THE DISTRICT

**L.E.A.R.N. PROJECT  
MAKING MAGIC WITH  
ROTARY CLUB  
DISTRICT 3141**

L.E.A.R.N. Project was a HIT at DISTRICT 3141 :  
Kudos to Rtn Leena Shah from our Club.



The Rotary Club District 3141 recently conducted an impactful program titled "LEARN: Life Skills Education for Adolescents through Rotary Network.

Forty teachers received specialized training to implement life skills education in their classrooms, with the program reaching 450 teachers and 2,000 children in its first phase. This initiative was carried out under the leadership of DG Rotarian Chetan Desai and administered by Rotarian Leena Shah.

This intensive six-day program, led by Master Trainer Dr. Swaroop Sampat Rawal, extended over three months, targeting marginalized schools and children.

The program emphasized the critical need for mental health resources for children and adolescents in India. According to UNICEF data, approximately 29 million of the 447 million Indian children and adolescents suffer from some form of psychiatric illness at any given time. This program recognized the urgency of addressing these issues and provided teachers with the tools to support students' mental, emotional, social, and mental well-being. The notes were provided to teachers as a book-“Life Skill Education through Drama” ensuring that the knowledge and techniques shared during the training would continue to benefit students long after the program's conclusion.

Life skills education, as outlined in the program, includes essential competencies such as understanding and managing emotions, effective communication, self-awareness, empathy, decision-making, problem solving, critical thinking, and creative thinking. These skills are crucial for promoting healthy child and adolescent development and preventing mental health disorders.

The focus of the program, encapsulated in the slogan "A Counsellor in Each Classroom," highlights the belief that life skills education can empower teachers to act as counsellors, providing crucial mental health support to their students.

Through this initiative, Rotary Club District 3141, under the guidance of DG Chetan Desai and the administration of Leena Shah, has taken significant steps toward improving the mental health and well-being of children in marginalized communities, equipping them with the skills necessary to navigate the challenges of everyday life.





# CLUB SERVICE

## WEEKLY MEETINGS



The Rotary Club of Bombay Sea Face held a speaker meeting on August 24<sup>th</sup> at IMC.

Our esteemed speakers, Rtn. Kanubhai Doshi and Rupesh Nagda, presented an intriguing session on the Union Budget, sharing valuable insights that captivated the audience. The meeting saw a strong turnout from our members. We were also pleased to induct new members, Nitin and Sonal Doshi, into the club. Special thanks to Kanubhai Doshi for sponsoring the meeting.



Club Assembly was held with AG Prashant Gupta on August 10<sup>th</sup>, 2024. Each Director presented their roadmaps for the Rotary Year 2024-25. He was happy with the progress of the Club and with the Plans and projects laid down for each Avenue of Service.

# CLUB SERVICE

## NEW MEMBERS



Our newest member is Rtn Bijal Doshi, a remarkable woman who is a multi-tasker with a passion for holistic wellness. With a keen interest in practices like Breathwork and Mudras, Bijal seeks to harness these ancient techniques to cultivate inner peace and balance in her community. Always eager to learn and grow, Bijal continuously explores new ways to enhance mental and physical health in her Tribe of Members of YogDivine.

Bijal has also been a jeweller for 4 decades with the label Bijoux Jewelry by Bijal Doshi, & is very active in various women's organizations.

She is now a Wellness Coach and she conducts Bootcamps and workshops on Breathwork. We look forward to hearing her and empowering the women around her...



**Rtn NITIN DOSHI ...**(Rtn Sonal Doshi's spouse)

A third generation Civil Engineer is Practicing as a Consulting Engineer, Surveyor & Valuer.

This engineer with a B Tech & MTech from IIT, Bombay has a passion for upgrading existing buildings and has pioneered several systems to strengthen and restore existing buildings in an around Mumbai.

He was awarded the Distinguished Service Award by IIT Bombay in December 2022 for his professional work.

Nitin Joined Rotary Club of Mumbai South on February 23, 2002 and has held several responsible positions at the Club and District level.

They have 2 lovely daughters....Aditi and Avanti.

**Rtn SONAL DOSHI** is a practicing Advocate & Solicitor.

After a very rewarding stint with Kanga & Co. where Sonal was a Partner for several years, she now has her own practice since 18 years as m/s Sonal Doshi & Co. She has been an active Rotarian from many years and served Rotary in various capacities at the Club and District level from 2007 including being a Past President. Sonal is also an Independent Director of a listed Company.





# VIBRANT FELLOWSHIP - "AAP HAI ACTOR YA CHARACTER"

## 1<sup>st</sup> FELLOWSHIP DHAMAKA

August 4<sup>th</sup>, 2024.

It was indeed a wonderful and colorful morning celebration where our Rotarians and their spouses were dressed as Bollywood celebs, historic icons, Community heroes, Political icons and many others.

What a sight it was for the members who missed out !! It was a welcome event and the members enthusiastically participated in large numbers and the performances were outstanding. Each one had put in lots of efforts to deliver the best delivery.

Dr Sangita Agrawal and Dr Pankaj Parikh were the anchors for the morning and they eloquently conducted the whole proceedings. Each one's performance and delivery was up to the mark and overall an astounding show was put up.

Kudos to Director Fellowship - Rtn PP Pinki Dalal and her team for putting up a great show....looking forward to more Fellowship events !!!!



# MEMBERS CONTRIBUTIONS/ BIRTHDAYS AND ANNIVERSARIES

List of Donations received from the following Rotarians for various projects

1. R/ Ann Pragati Vaibhav Jain  
Rs 125000 for Cochlear Surgery
2. Annapurna Project  
Rajen Desai 25,000/-  
Purna Mehta. 10,000/-  
Leena Shah 10,000/-  
Pinki Dalal. 10,000/-  
Jigna Shah. 10,000/-  
Yogesh Parikh. 10000/-  
Uday Kulkarni. 10000/-  
Dr Sarita Bhalerao 7,500/-  
Dr. Pankaj Parekh 10,000/-  
Paresh Tejura 10,000/-  
Gita Parikh. 10000/-  
Sonal Dhiren Shah 10000/-
3. Tejal Gandhi 25000/- for Adivasi children's Educational Kit at Palghar School
4. Dr Meena Kothari for Midday meal every Thursday for 1 year
5. Computer Classes for Yusuf Meherally School students  
Jitendra Shah Rs 13000  
Yogesh Parikh Rs 13000  
Sonal Dhiren Shah Rs 13000  
Vision Foundation (Dr Kulinbhai Kothari) Rs 52000 for 4 children's classes.

## BIRTHDAY'S

06<sup>TH</sup> - MUKESH SHAH  
10<sup>TH</sup> - DAKSHA SHAH  
12<sup>TH</sup> - MINAL TURAKHAI  
12<sup>TH</sup> - ARUNA KUMTA  
13<sup>TH</sup> - SONAL DOSHI  
14<sup>TH</sup> - GOPI AJMERA  
14<sup>TH</sup> - KAMLESH SHAH  
16<sup>TH</sup> - GAUTAM MEHTA  
18<sup>TH</sup> - SONAL SHAH  
28<sup>TH</sup> - VIPUL MODI  
31<sup>ST</sup> - RENUKA PAREKH